

Celebrating Every Season 

SEPTEMBER 2024

HERITAGE TODAY



269.364.6588

heritagecommunity.com

2300 Portage Street

Kalamazoo, MI 49001

WELCOME HOME!




September is...

- Hispanic Heritage Month*
- Healthy Aging Month*
- Prostate Cancer Awareness Month*
- World Alzheimer's Month*
- Ovarian Cancer Awareness Month*
- Fall Prevention Month*
- Library Card Sign-Up Month*

As summer gracefully transitions into fall, we at Heritage Community of Kalamazoo are filled with anticipation for the vibrant season ahead. September brings with it a fresh energy, crisp air, and the warm colors of autumn, making it a perfect time to reconnect, reflect, and rejuvenate.

As always, our focus remains on fostering a supportive and thriving community for all our residents. Thank you for being a part of our family at Heritage Community, where every season is an opportunity for growth, connection, and joy. Here's to a wonderful September!

The Heritage Team

269.364.6588

heritagecommunity.com



2300 Portage Street

Kalamazoo, MI 49001

SEPTEMBER 2024

IMPORTANT DATES



EVENTS, HOLIDAYS,
AND MORE!

ARTIFACT OR FICTION?

Thursday September 26th

Memory Care Learning Center

*300 Golden Drive
Kalamazoo, MI 49001*



*Join us at
10:30 AM
or
1 PM*



Please Note: Appraisal is limited to one handheld item per invitation.
Jewelry, coins, stamps, and firearms cannot be appraised.

EMPLOYEE SPOTLIGHT

BARB GRUPENHOFF

Administrative Assistant
Human Resources



How long have you been at Heritage Community?

6 Months

Can you tell us a bit about your role and what you enjoy most about working here?

Being the HR Admin Assist allows me to be the "welcoming face" of the office! Making interviewees and employees feel comfortable when they walk thru the front door, seeing an employee smile after a rough day or conversations over the "Bart the bulldog" candy dish are the best parts of my day. Welcome Aboard is a big part of my day, calling references, creating the WA binders and making all those nifty badges! I work with a wonderful group of HR & Finance people who make coming to work every day a pleasure!

Can you share a memorable project or achievement during your time with us that you are particularly proud of?

My favorite project to work on every month is the monthly Employee Newsletter! Not only do I get to take fabulous pictures of Employees and the Heritage Community campus, but I get to meet so many new people along the way. Seeing all the WOW nominees come in every month makes me proud to be part of this great community! If anyone wants to be on the cover of the Newsletter, send me an email and we can arrange it. I would love to take group shots of Employees doing what they love to do; being with their co-workers, working hard and having a good time along the way!

What's your favorite color?

Green

What's your favorite musician/band?

Eric Church

What's your favorite snack?

Dark Chocolate

What's your favorite movie?

I don't have a favorite, but I enjoy documentaries.

What's your favorite place to visit?

Any place with my daughters!

What's your favorite animal?

Dogs (basset hounds)

What's your favorite holiday?

July 4th

What are your favorite hobbies?

Baking, walking, crocheting, knitting, camping, gardening, kayaking



CAMPUS BUZZ

WHAT'S HAPPENING AT HERITAGE?

August was full of music, fun, and friendship here at Heritage! We got a visit from our feathered friends at Avian Wonders, were serenaded by performers from Farmer's Alley Theatre, learned more about the Kalamazoo Community Foundation, and continued to make new memories campus-wide!



269.364.6588

heritagecommunity.com



2300 Portage Street

Kalamazoo, MI 49001

SEPTEMBER 2024

COMMUNITY SHOWCASE

MEILLAND SQUARE



At Heritage Community of Kalamazoo, Meilland Square offers specialized care in both Assisted Living and Memory Care, ensuring residents receive the support they need in a warm, community-driven environment.

Meilland Square Assisted Living

Meilland Square Assisted Living is designed for residents who need help with daily activities while maintaining their independence. With personalized care plans, engaging activities, and comfortable living spaces, residents can enjoy a fulfilling lifestyle tailored to their unique needs.

269.364.6588

[heritagecommunity.com](https://www.heritagecommunity.com)



620 Phillips Street

Kalamazoo, MI 49001

SEPTEMBER 2024

COMMUNITY SHOWCASE

MEILLAND SQUARE



Meilland Square Memory Care

For those facing memory challenges, Meilland Square Memory Care provides expert, compassionate care in a safe and nurturing environment. Our Memory Care program uses evidence-based practices to support residents with Alzheimer's or other forms of dementia. We offer tailored care plans, secure surroundings, and meaningful activities that promote cognitive function and well-being, ensuring that every resident lives with dignity and purpose.



Whether you're seeking Assisted Living or Memory Care, Meilland Square at Heritage Community of Kalamazoo is dedicated to providing exceptional care and fostering a strong sense of community. Visit our website to learn more and discover why Meilland Square is the perfect choice for your loved one.

269.364.6588

[heritagecommunity.com](https://www.heritagecommunity.com)



620 Phillips Street

Kalamazoo, MI 49001

SEPTEMBER 2024

FEATURED FLOORPLAN

THE CORK
RIDGE CREEK



With a limited number of Ridge Creek residences still available, we are down to only a few remaining floor plans.

To view The Cork, this spacious 1 bedroom, 1.5 bath floor plan, **call today and schedule an appointment.** This beautiful apartment won't last long!

269.364.6588

heritagecommunity.com



500 Revel Run
Kalamazoo, MI 49001

RIGHTSIZE YOUR LIFE

EXPLORE THE BENEFITS
OF SENIOR LIVING



As we age, the idea of downsizing can feel overwhelming, but it can also be a path to greater freedom and a more fulfilling lifestyle. According to Forbes, downsizing isn't just about moving into a smaller space—it's about upgrading your life by simplifying and focusing on what truly matters .

At Heritage Community of Kalamazoo, we understand the importance of making thoughtful decisions about your living environment. Downsizing can lead to less maintenance, lower costs, and more time for the activities you love. It also presents an opportunity to create a space that better fits your current lifestyle needs, with the added benefit of being closer to a supportive community.

The process of downsizing can also offer emotional and mental benefits. By decluttering and letting go of items that no longer serve a purpose, you make room for new experiences and memories. It's about cherishing the essentials and making space for what brings joy and peace in this stage of life .

If you're considering downsizing, Heritage Community is here to help you every step of the way. Whether it's offering resources, community connections, or just a listening ear, we're committed to helping you find the right balance that enhances your quality of life.

Frazier, L. (2024, April 16). Downsizing your home to upgrade your life. Forbes.

<https://www.forbes.com/sites/lizfrazierpeck/2021/03/31/downsizing-your-home-to-upgrade-your-life/>



If you're considering a move to Heritage Community but feeling overwhelmed by the process, worry not! We have the perfect solution for you. We have partnered with Jaqua Relocation services and Distinguished Homes to help make the moving process as seamless as possible.

Jaqua's Relocation Services Offer:

- Unwavering support, guidance, and advocacy throughout your entire moving journey.
- Research the property and neighborhood to identify which agent will be the best fit and provide specialized services for each individual.
- Unwavering support, guidance, and advocacy throughout your entire moving journey.
- Research the property and neighborhood to identify which agent will be the best fit and provide specialized services for each individual.



HERITAGE
COMMUNITY
OF KALAMAZOO

To learn more, visit: www.jaquarealtors.com/relocation

SEPTEMBER 2024

INNER CIRCLE

YOU'RE THE FUTURE
OF OUR HISTORY



Not ready to make the move?

By placing a nominal, 100-percent refundable deposit and becoming a member of Our Inner Circle, you'll be invited to Heritage Community's exclusive events and activities

This means you'll have an opportunity to get to know the current residents and to start building new friendships today. In addition, you will have access to a wealth of financial* and lifestyle benefits. Plus, you'll have first dibs on your preferred residence as soon as it becomes available!



*Financial benefits are only available if you join within 30 days of your first appointment with a Heritage Community Sales Counselor.



SEPTEMBER 2024

INNER CIRCLE

YOU'RE THE FUTURE
OF OUR HISTORY



Members of Our Inner Circle receive exclusive benefits, including:

- First monthly fee waived upon move-in (up to \$3,500 \$2,500 credit towards residence upgrades or moving costs*)
- Lifetime discount of \$100 off second-person monthly fee**
- The right to reserve the residence of your choice at any time.
- Exclusive invitations to member events and dining opportunities.
- Access to the fitness center, plus one complimentary training session!
- Priority access to healthcare, including skilled nursing care and rehab, should you need it before becoming a resident.



* Residence upgrades must be completed or underway before move-in date.

** Certain stipulations apply. Please ask your Sales Counselor for details.

THE SEASONS SALON & SPA

PEOPLE
EMPATHY
RESPECT



When the time comes to relax and unwind, The Seasons Salon & Spa just might become your favorite place on our campus. Located at The Artisan, The Seasons is the premier salon & spa for seniors in Kalamazoo. Its success has been, and always will be, based on paying attention to the details that ensure quality and focusing on the needs of everyone who walks through the doors.

Salon Offerings

Shampooing

Sets & Cuts

Color, Highlights, and Rinse

Perms & Relaxers

Manicures

Pedicures

Facial Grooming

Hair Removal



HERITAGE
COMMUNITY
OF KALAMAZOO

SEPTEMBER 2024

LOCAL EVENTS

WHAT'S HAPPENING
IN KALAMAZOO?

Discover what's happening around town this
September—there's always something exciting
on the horizon!

06
Sept

SEPTEMBER 2024 ART HOP

Downtown Kalamazoo

5 PM - 8 PM

Visit kalamazooarts.org for more
information.



14
Sept

ONE WELL BREWING BLOCK PARTY

4213 Portage Street
Kalamazoo, MI 49001

11 AM to 12 AM

Visit onewellbrewing.com for
more information.



21
Sept

CANADIANA FEST

157 S. Kalamazoo Mall
Kalamazoo, MI 49007

1 PM - 22 PM

Visit canadianafest.fun for more
information.



SEPTEMBER 2024

STAYcation

A FREE VACATION AT
HERITAGE COMMUNITY



Embark on a tranquil and revitalizing retreat with our complimentary and worry-free Heritage Staycation Package. Seize the chance to explore the entire community at no cost, leaving your concerns behind as you indulge in delectable cuisine, thrilling activities, and exceptional hospitality.



Uncover the revamped and upgraded living spaces at The Artisan or immerse yourself in the modern comforts and smart home technology at Ridge Creek. Delight in culinary masterpieces from our skilled chefs at any of our five dining options.

Call us at 269.364.6588 or contact your sales counselor to schedule your staycation!



HERITAGE COMMUNITY

OF KALAMAZOO

Thank you for reading!



2300 Portage Street, Kalamazoo, MI 49001

www.heritagecommunity.com

269.364-6588